# THE TIMES DAILY MAGAZINE PAGE

# Offers Girl Opportunity

Miss Mary C. Farmer, Past Secretary of Stenographers' Association, Resents Comic Supplement Flings at Her Co-Workers.

GTHE stenographer has an opportunity offered to few business women. comes in contact with

more intellectual people than others, in the first place. The teacher in the grades meets children during her working hours. The trained nurse meets the sick, who are not likely to be mentally alert. The business man is at his best mentally, and association with such people is an opportunity nearly every stenogra-pher receives."

Thus does Mary C. Farmer, past secretary of the Stenographers' Association, dispose of the proposal of the Women's Homestead Asociation to surround girl stenographers with wire cages, as advanced by Mrs. Charlotte M. Smith, of Boston.

"The stenographer's duties include. as those of few other vocations, the exercise of both mind and hand," continues Miss Farmer. "The stenog-rapher's work is physically wearying-at least the part of it that is -simost mechanical.

"The up-to-date stenographer has to use her brain, too, so there is an unusual amount of mental and physical exersion. If stenographers were not expected to use their brains, why is it that there is an increasing demand for those trained at college?

"This being true, why is it that the entire class is parodled as brainless?" "The tradition that the stenographer is likely to dress in a cheap and suggestive way is just about as false. Go through any large office building and observe the stenographers at their work, or watch them as they arrive in the morning. There is very little of the tawdriness of attire so emphasized in comic supple-

"So it goes through all the record of fibes poked at stenographers. The cage question happens to be the last of a long line of similar 'humorous' remarks-no one could take such a statement seriously. As a matter of fact, the only advantage this cage question has is that it does not follow the example of the others and put the blame on the women. There should be a change in the attituda toward stenographers, for surely they have been subject to a great deal of unjust persecution,

"Cages? Pooh! The only cages needed are cages to hold favorable public opinion. Stenographers can take care of themselves."

### Office Work Edward H. Sothern Tells How Art Becomes Science in the World of Make-Believe

Star of the Sutro Comedy at the Belasco Confesses to Being an Indefatigable Worker Even When at the Height of His Profession; Reveals Himself to Be a Scientific Instead of an Emotional Actor, and Is So Like the Hero of His Vehicle, Jeffrey Panton, That He Wins Instant Regard In an Off-Stage Interview.

By FLORENCE E. YODER.

CTING as a profession should always be approached in a scientific. rather than an emotional. spirit. Nothing on the stage should be accidental-neither as regards action nor speech nor gesture. Everything should be premeditated, calculated, and should have a justifiable reason for its existence as an integral portion of the performance."

In that short paragraph is summed up the reason for the success of Edward H. Sothern, one time interpreter of Shakespearean roles, but late returned to the legitimate stage in light comedy to the gratification of all who behold him disporting himself therein.

We didn't start the conversation right in the middle with that awfully technical retort; my goodness, graclous no! But we did get about to clous no! But we did get about to it after a while, and it was the pith and core of a whole hour's discussion. For the first few moments after having recovered from actually catanathing myself into the presence of the mention we chatted about parades and such like and invited one another to the window for a view of the Grand Army veterans on their march, but after Mr. Sothern hed admitted that after all he knew that he was "sort of a parade" himself, "don't you know," e" himself, "don't you know," dropped the subject with great

we dropped the subject with great tact and delicacy.
Smooth iron-gray hair brushed straight back; clear gray eyes, very large and expressive, which looked through eyeglasses; an erect car-riage; a face well rounded and flushed with health, and a gracious and charming manner—such is

At first we talked of his play, and so led to the discussion of what an actor should and should not do. Per-

actor should and should not do. Perfect repose marked every statement he made and a half smile, more intensely humorous than any impulsive laughter, played about his mouth.

"When I found that my wife would not be able to play with me," he said. "I realized that I could not return to Shakespearean drama. She is such a great artist and was so able to meet every move with the perfect foil of intelligence and understanding that when I tried to think of heavy drama without her. I knew what a great void her absence would make. For that reason I had to abandon the whole repertoire completely. This Sutro play is a fortunate vehicle for me."

The Pantonish Air Conquers. sweetest gentleman." Jeffrey Panton, of his play, did I find him in real life that I agreed on the mo-ment. But until he told of his sin-

cere effort to perfect the part, I did not appreciate what a consummate artist he is. Endless rehearsal, with constant attention to the little details of stage business, deep reflection on every word and expression delivered alone made possible the creation which he gives in the finished product.

After a lifetime of study and work, with a scant two years of rest, one might well think that Mr. Sothern would essay a role without thought and with consummate trust in his innate ability to create Jeffery almost offiand.

But when he said forcefully and with his eyes fixed intently on mine that, he naver attempted a role without first feeling himself utterly incompetent, and, therefore, willing to employ every mental and physical effort possible, did the fundamental excellence of his technique make itself patent.

"No role should be attacked in a purely emotional spirit," he said. "Every bit of stage business has a scientific reason for existence and should never be carried out until many things have been considered. The effect of foregoing statements upon the audience; the mental attitude of the other persons on the stage; the long set of circumstances back of the life of the character in the process of delineation which do not even have a part in the action themselves, and the physical and mental qualification of the artist should all be weighed.

No Set Rules For the Stage.

No Set Rules For the Stage. "There are a few great fundamental rules to my profession, but few recognize them, and even they are not written. The reason why the stage is so full of incompetent folk today is because we have no set rules, nothing that is laid down for us to do by rote. Yet it is very difficult to formulate rules. Situations, characters, and people are all so different that it is impossible for the creation of one man to come up to the standard of another man's creation. A fetish that has always worked harm is the idea that because one great man plays a role in a certain manner that all interpretations should be like his.

ils is wrong.
"It is difficult enough for one man to attempt to approximate the feelings of another and portray them much less attempt to approximate them through still another mediu

"The foundation of all work should be scientific, and the emotions should never rule. The nearest and the truest approximation of character can be obtained not by emotional accident but by scientific deduction. The feeling that would prompt one as an individual in the last act of a play to give vent to certain ges-tures and expressions, might present

### characteristics in no way in keeping with the role as previously presented." Shakesperean Roles sented." A knock sounded on the door, and while a man entered with a very substantial breakfast I found time to put a question. "But even with a scientifically diagnosed preparation, the peculiarities of the individuality must enter in some small degree." I venteured. Mr. Sothern smiled, and reposedly. Abandoned

will never play "Hamlet" again. When I found that my wife would not be able to play with me, I realized that I could not return 'to Shakespearean drama. She is such a great artist and was so able to meet every move with the perrect foil or intelligence and understanding, that when I tried to think of classic drama without her I knew what a great void her absence would make. For that reason I had to abandon the whole repertoire completely.

you are a great teacher? Why don't

you found a school and make at least a few great stage folk for the

closely on its heels that I did not

"One must have pupils, you know,

It is quite necessary in a school, he said. "Good-by."

next generation?" I asked.



EDWARD H. SOTHERN

Never in one instance did he betray lack of poise or wave his hands about. His perfect diction and slight English accent accentuated this English accent accentuated this pleasing characteristic.

Bad Habits and Individualities.

"That is one of the things which I mentioned. The physical qualifications of the artist should be weighed and an effort made on his part to incorporate those individualother men, into the role under consideration. But this should be studted carefully. A distinction can be clearly drawn between mere bad habits and tricks of character.

The youthful bolsterousness of wildly waving arms and hands, the lack of facial expression, and other faults are not necessarily individual

He gravely poured his coffee and went into a technical discussion of the different roles in the Sutro comedy. Every word indicated work, work, work, and the carnestness and sincerity of an amateur on first night. He spoke of the charm and fascination of Shakesperian drama, and of the art of Jefferson and Thompson. Yet with all the scientific carnestness, there was never once a hint of heaviness or turgid thought, the calminess of infelligence lightened all that he said.

The Tribute to Audiences. Perhaps the most gracious, how-

ever, was his tribute to audiences. In his science they, too, have a place, and a most important one.

"The audience is always thinking—thinking." he repeated with that straight, sure look that galvanizes attention. "The actor who for a moment forgets the wonderful power out over the footlights, that massive individual and collective imagination which is working with him, has to work deubly hard and receives no credit or thanks for his pains. A move of the hand, a change of expression on the face, set them thinking, and if the following action of the man on the stage does not re-enforce, and justify their train of thought, indefiniteness and confusion resuit." place, and a most important one.

Would He Teach Others? The luncheon was over, he sought his hat and we elevatored to the crowded lobby. I became bold with the prospect of easy escape into the throng should my remarks prove unhappy. "Why do you know that

Playing Safe.

One of Australia's best landscape near Daylesford recently. He had pitched in front of an old two-roomed. wattle-and-dab hut, softened with a crimson-flowered creeper, which he thought would make an excellent sketch. While he was working a tall, hairy man came out of the hut and re-Asided him with some nusgiving.

The hut dweller approached, "Watcher doin', mister? he asked.

"I'm painting your picturesque dwelling," said Patterson.

The hut dweller regarded Patterson dubinsly for a minute then went in-

dubiously for a minute, then went in-doors. Presently he appeared with his wife and the two advanced toward the artist. "Mind yeh," said the man, point-ing to the painter. "I've got me wit-ness—you're doing this at your own ex-pense." — Pittsburgh Chronicle - Tele-

**Beautify the Complexion** IN TEN DAYS



Nadinola CREAM

### Simple Exercises Outlined For Busy Man Who Would Renew Physical Powers

By DR. LEONARD KEENE HIRSHBERG. (Copyright, 1915, by Newspaper Feature Service, Inc.)

Sy DR. LEONARD REENE HIRSHBERG.

(Copyright, 1916, by Newspa per Feature Service, Inc.)

OME touch of nature's senial glow is your due meed, though your arduous tasks make you labor behind the counter, in front of the desk or at the sewing machine. The physical fabric of living men requires times of preservation, and you must dance attendance upon it.

Fraught with danger to life and limb is that frame which Knows not the agility and electroess of muscular skill.

If your walk in life has so placed you that the call of the wild, the clod-hopping, trench-digging, seed-sowing and furrow-making is outside your path; it basking on the sunlit fields or playing muscular games in the great outdoors is not within the realm of your sovereign opportunities, then, perfore, develop your physique by physical culture. Of all the pulleys and levers of your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those lasties of muscles, the "intercostal" or your shoulders, and loosens up those hand or makes it whatfilnes.

Obviously, such physical culture.

Another loose and movement which the head thrown backwards, you will acquire great ease of motion and strons arm and leg muscles.

By no means a child's performance is this, you need expect no great facility in this apparently simple procedure.

Another looked the count is the proper glasses, if necessary; with wa

Keep Body Supple.

Now fold the arms and repeat this motion. Stretch the arms outward in complete extension and do likewise. Make five or six flops of the parallel legs from the floor to the perpendicular; each time with the arms in a different place. Numerous modifications of this move

Numerous modifications of this movement of the legs will occur to the physical culture enthusiast. The legs may be stretched apart in a V-shape; waved around in a circle made into a windmill, and flapped back toward the head, as if you would double yourself up like a jack-knife. Each such exercise strengthens the spine and back muscles as well as those of the legs.

To avoid, as much as possible, all one-sided development, is the desirable aim of all physical training. To practice lifting heavy weights, boxing, wrestling, swimming or indoor ball games, no matter what, to the exclusion of all other kinds of symnastics, is faulty, one-sided training.

Such, nevertheless, seems to be the rule. A man or girl will practice at the pulleys or in an upright posture, surging or stretching the trunk and arms in a small series of movements, and neglect toe balancing, body pushing, hip lifting, and ankle strengthenling movements. Others again will practice the motions of acrobats at great trisk of life and limb, under the deluied.

His answer was almost drowned by a band blatting its way up the Azenne, and his good-by followed so an opportunity to argue the risk of life and limb, under the deluded

with warm boracle acid water.

H. M. F.-I am annoyed by a crack-in- of my toints, particularly in the knees and wrists. Is this in any way

No. it is not dangerous, but rather unusual. You should eat a more mixed diet, and take vigorous exercise daily.

dressed envelope if a personal reply is desired.

## Times Readers of Annie Laurie Tell Why "Giddy Girls" Get On

Masculine Judges Give Valuable Information to Quiet Girls and Tell How They May Achieve Popularity.

BELIEVE the men are afraid that the so-called "goody-goodies" may be serious for the purpose of inviting matrimony. Men with common sense, if not too vain, know that the average woman looks upon marriage as an occupation not quite so onerous as some others and that she usually takes the best "provider" who allows himself to be caught. 'Another thing that may hinder men from calling on these so-called serious girls is the thought of the money necessary for supporting a wife, to say nothing of imprisonment (thanks to Teddy's law) for the fall-

wife, to say nothing of imprisonment (thanks to Teddy's law) for the fall-ure to do so. Woman should not commercialize her love, but I am for woman's rights in this matter. J. D. B.

Secret of Personality. Friendship involves the secret of personality. It would be quite a different matter for a civilized person to become friendly with a heathen. Although both might try to make themselves agrecable, they would not get along together very well. Each has a different educa-

tion and a different brain. The writer is twenty-two years of age, and has a vast number of friends, among whom are many pretty girls. He does not try to make love to them, and, therefore, is quite content to remain just friends with them. However, all his

friends with them. However, all his friends possess a quality of attraction like that he possesses, and that makes for congeniality. Out of twenty-five people to whom I am introduced from time to time I find about one real friend.

There are more frivolous-minded people than serious, and this may account for the reason why a girl with a pretty face and no brains can have more friends than a girl of the serious type. This will last only as long as the prettiness, however. No matter how homely a girl may be, if she has brains and can use them it will only be a matter of a short time before her friends will greatly outnumber those of an affected, pretty girl. OBSERVER.

Test of Nice Girls.

Test of Nice Girls.. Nice men are attracted by nice girls. A nice girl is always immaculately clean, including her nails, teeth, ears, neck, nair, dress, waist, shoes-in fact her entire person and

wardrobe. She sees, before her company comes, that the parts of the house they will occupy are clean and neat. She must always bear in Why Giddy Girls Are Popular

Why aren't girls who are just "nice"-those who aren't particularly pretty or accomplished or unusual in any way except that they don't seem to take with men-popular? That was the question raised by a query to Annie Laurie last week. Miss Laurie today prints herewith some expressions of the masculine point of view. Further expressions are invited.

mind that she is judged by the way she talks, cats, acts, dances and dresses, by what she reads and the company she keeps. She isn't inter-ested in prize fighting, horse racing and the rough sports. She does not discuss sensational news, such as murders, fights, divorces and the like. She doesn't gamble or drink intoxicating liquor.

intoxicating liquor.

Her dress and manner should be unassuming. She doesn't go to pictures shows where questionable pictures are shown and she doesn't rave over Chaplin. In fact, she doesn't rave ever anything. In closing, I would suggest that anyone interested in this question should read. "Your in this question should read "Your Affectionate Godmother," by Elinor Glyn. It is a book every ambitious girl should read, and gives excellent

A MAN OF TWENTY-THREE. Fosters His Conceit.

It has been my experience that the average man, after a day's work, prefers going out with a "giddy" girl to relieve his mind. It has been active all day, and he does not care to enter a literary discussion or something of that kind. There are few men that do not have a 'arge amount of conceit, and this conceit is fostered by the thought that they are of superior intelligence to the girl. Although the same man would prefer spending an evening with the "giddy" girl, his affection for her could not be as lasting as it would for the sensible one. A MAN. "Let Him Talk."

am twenty-three years of age and have had lots of experience with the girls. I think the matter is usually the girl's fault. If she would not talk so much of how nice Hob, Frank and George are I think it would make matters much better.

Shy of the Halter Held Out By Serious Girls, Men Turn For Relief to Chatter of "Fly-a-Ways."

Not all, but most girls of today. seem to think it a wise thing to tell young men when they call what a nice time she and Bill had the other night out in his car. or perhaps when they are out walking or riding a boy passes, and she calls attention to the fact that she is going to the theater with him Friday evening. A man doesn't want to hear about who else she is going out with, for it looks as though she is not satisfied with him or else she doesn't know any better. Then he decides

that he won't call again.

Now I find this not to be an extracrdinary case, as I have heard many and many a man bill the same old story. I am at a toss to knew why a girl should tell every man who comes to call the whole history of her life anyway. who comes to call the whole history of her life anyway.

What a girl should do to have a man call a second time is to let him do most of the talking, and once in a while tell him a funny story and allow him to smoke. She will make him so comfortable that when it is time for him to leave he will want to stay, and that will make him want to call again.

JUST MARRIED.

Burden of Conversation.

Formerly the boy was supposed to do most, if not all, the talking and keep the girl entertained, but I think you will agree with me that this has been changed and now the girl is supposed to do her share in keeping up an interesting conversation. The boy, at least the first few times that he meets a girl of the quiet kind, is generally taxed pretty heavily for subjects to talk pretty heavily for subjects to talk about and unless he is unusually brilliant he has a hard time linding what interests the girl. Therefore, she unfortunately makes an unfavorably impression.

Girls who allow kissing are never taken seriously. The girl who does not allow it, though she may be tensed about it, slways commands more respect, and when the time comes for a boy to look out for a "steady" girl the one who has been a "goody-goody" will find herself much more sought after than her indiscreet sister.

A. M.

Only such letters as present some problem of general personal interest can be answered in this volume. Legal advice cannot be given. Miss Laurie will be glad to answer specific reconal inquiries if a stamped, addressed envelope is inclosed. (Copyright, 1916, by Mrs. Christine Frederick.)

### BREAK YOURSELF OF THE LAXATIVE HABIT T AXATIVES and cathartics cause more constipation

L than they cure. Nujol is the modern treatment for constipation. It conforms in all essentials to the requirements of the mineral oil treatment as prescribed by its discoverer, Sir William Arbuthnot Lane.

Nujol is odorless and tasteless, absolutely neutral, and is not digested or absorbed into the system. It acts merely as a mechanical lubricant.

Nujol is not a drug. Its use will not give quick, temporary relief. But Nujol is a genuine remedy in that it relieves constipation in the most natural way by lubricating the lining of the intestines, softening the intestinal contents, and thus promoting healthy and normal bowel activity.



